

2nd MSHKS Malaysian Society for Hip & Knee Surgeons CONFERENCE 2023

Theme: **Realign or Replace**



**4th to 6th
MAY 2023**
Connexion Conference &
Event Centre (CCEC),
Bangsar South, Kuala Lumpur



Scan the QR Code or Click the Link below
to Register and Submit your Abstract
<https://forms.gle/rLZvoEHzw3y3cTHR7>

★ CALL FOR ABSTRACTS ★

We are accepting abstracts for our MSHKS Conference 2023. Abstracts will be chosen for either an oral or poster presentation. Please submit your abstracts on Hip & Knee topics in the categories below.



Trauma



Arthroplasty



Sports



Joint Preservation

One can submit as many abstracts as you desire. Abstract Submission is Open Now. Please refer to the abstract page for more details.

Call for Abstract Deadline: 28th Feb 2023



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Best Oral Presentation Award!

The **Best 2 Oral Presentations** and
Best Poster Presentation
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Message from President of Malaysian Society for Hip and Knee Surgeons (MSHKS)



Professor Dr Azhar Mahmood Merican

*President
Malaysian Society for
Hip and Knee Surgeons
&
Organising Chairman
2nd MSHKS Conference
2023*

Dear colleagues and members of the Malaysian Society for Hip and Knee Surgeons,

The council, organising committee and I invite you to attend our conference which takes place every two years. We are well under way with the preparation of the programme and the organising committee strives to not only make the topics interesting and up to date but also relevant to our surgical practice. We have elected to focus on the knee in 2023 and the theme of the meeting is “**Realign or Replace**”. In this vein, the content of the meeting and workshop will be on osteotomies and knee replacement or resurfacing.

Our society which is anatomically region based caters to those interested in the practice of knee surgery. From the birth of our society, the senior members come from the world of arthroplasty, specialises in this field and are known for complex surgery and its’ revision. In the larger government or university hospitals, surgeries are naturally streamed into these teams. I personally come from that background but even then, I had a significant practice in non-arthroplasty treatment of the knee. Younger members of our society I would guess are more generalised and even if have subspecialised early should be exposed to a broader perspective. The older members would know of the time tested success of appropriate osteotomies and most in private practice would have a more general approach. In this rather lengthy paragraph, I hope then that this meeting will be inclusive and have a wider appeal to our members and non-member knee surgeons alike.

Osteotomies have been declining in the West and due to more rapid recovery and market forces, knee replacements are increasing in numbers. This leads to less surgeon familiarity and confidence in realignment surgery, which should be in our armamentarium, especially in the “younger” and the older active individual. Even if it does not feature in your practice, a revisit would be enlightening to know its limits and to understand alignment concepts in the knee. Partial knee replacements also are becoming increasingly popular, providing longevity dare I say comparable to a total knee replacement and better function. As with any surgery, indication and techniques are paramount. There has been a broadening of the indications for a partial knee replacement or some may say an inappropriate stretching of indications. Therefore, whichever is your opinion, come and join us at this conference and let us enjoy a discourse on this subject.

Last but not least, I hope you will come to engage with the society and interact with your colleagues. Indeed, to grab this opportunity meet up and catch up with friends too. Members from regional hip and knee society will be joining us and there will be plenty of opportunities to interact and network with them.

Until we meet in May 2023, I wish everyone good spirits and for the New Year, good health and much happiness.

MSHKS Council 2021 - 2023

President: Prof Dr Azhar Mahmood Merican

Secretary: Dr Chua Hwa Sen

Treasurer: Dr Shahrul Hisham Sulaiman

Council Members:

- Dato Dr Badrul Shah Badaruddin
- Dr Khairul Anwar Ayob
- Dr Jade Ho Pei Yuik
- Dr Kunalan GantheI

Message from Scientific Chairman, 2nd MSHKS Conference 2023



Dr Kunalan Ganthel

@ Annamalai

Scientific Chairman,
2nd MSHKS Conference
2023;

2022 Council Member,
Malaysian Society for
Hip and Knee Surgeons
(MSHKS)

Consultant Orthopaedic
& Arthroplasty Surgeon,
Hospital Kuala Lumpur

On behalf of the MSHKS 2023 Scientific Committee, it gives me great honour to warmly welcome everyone to the 2nd Malaysian Society for Hip and Knee Surgeons (MSHKS) Conference. With the experience gained from our successful inaugural conference in 2021, we are committed and determined to ensure continuity of our annual Conference.

Organized at our charming yet vibrant city of Kuala Lumpur, this year's conference bears the theme "**Realign or Replace**". Our discussions will focus on joint preservation surgeries with realignment around the knee as well as partial replacement surgeries. Latest updates and evidence will be incorporated into discussions surrounding unicompartmental joint replacement, patella-femoral joint replacement, distal femoral osteotomy as well as proximal tibial osteotomy.

The 2 day conference from 5th & 6th May 2023 includes a series of intellectually stimulating lectures and discussions. The conference will provide an invaluable experience for all participants as we have invited a number of world-renowned surgeons who will be sharing their vast knowledge and expertise.

The process of producing a meaningful and interesting scientific programme is a mammoth task that needs a strong team. Fortunately for me, I was assisted by a group of individuals who despite their busy schedule made selfless contributions in terms of time and ideas towards making this scientific programme a huge success. Thus, I would like to express my gratitude to the following individuals for their amazing contribution:

- **Dr Chua Hwa Sen**, Consultant Orthopaedic Surgeon, Sunway Medical Centre
- **Dr Gandhi Nathan Solayar**, Consultant Orthopaedic Surgeon, Ara Damansara Medical Centre
- **Dr Jeffrey Jaya Raj**, Consultant Orthopaedic Surgeon, Hospital Kuala Lumpur
- **Dr Rizal Abdul Rani**, Consultant Orthopaedic Surgeon, Universiti Kebangsaan Malaysia
- **Dr Veenesh Selvaratnam**, Consultant Orthopaedic Surgeon, University Malaya Medical Centre

It is my humble and sincere hope that not only will you enjoy the upcoming scientific programme but also garner knowledge and expertise that will have a great impact in your field of practice. It is also my sincere wish that you will have fond memories of the 2nd Malaysian Society for Hip and Knee Surgeons (MSHKS) Conference and will join us in our future conferences.

Organising & Scientific Committee

Organising Chairman: Professor Dr Azhar Mahmood Merican

Scientific Chairman: Dr Kunalan Ganthel

Scientific Committee:

- Dr Chua Hwa Sen
- Dr Gandhi Nathan Solayar
- Dr Jeffrey Jaya Raj
- Dr Rizal Abdul Rani
- Dr Veenesh Selvaratnam

Confirmed Faculty



Dr Asep Santoso
Consultant Hip and Knee Surgeon
Universitas Sebelas Maret,
Prof.Dr.R.Soeharso Orthopaedic
Hospital, Indonesia



Dato' Dr Badrul Shah Badaruddin
Consultant Orthopaedic and
Arthroplasty Surgeon
ALTY Orthopaedic Hospital, Malaysia



**Assoc Prof Dr Chan Ping
Keung Lewis**
Associate Professor
The University of Hong Kong, China



Dr David Liu
Orthopaedic Surgeon
Gold Coast Centre for Bone and
Joint Surgery, Australia



Dr Lee Kong Hwee
Director of Sports Service
Singapore General Hospital,
Singapore



Prof Dr Lee Yong Seuk
Orthopaedic Surgeon
Seoul National University
Bundang Hospital, South Korea



Dr Simon Coffey
Orthopaedic Surgeon
Nepean Hospital,
Sydney, Australia



Dr Tan Guoping Kelvin
Senior Consultant and Head of Adult
Reconstruction Service,
Tan Tock Seng Hospital, Singapore



Assoc Prof Dr Teo Seow Hui
Orthopaedic Surgeon
University of Malaya,
Malaysia

PRE-CONFERENCE DAY | 4th May 2023 (Wesak Day - Thursday)

Start	End	Session	Speaker
0800	0900	Registration	
0900	1130	High Tibial Osteotomy Workshop	Prof Dr Lee Yong Seuk, <i>South Korea</i> Dr Lee Kong Hwee, <i>Singapore</i>
1130	1145	Tea Break	
1145	1330	MSHKS AGM	
1330	1430	Lunch Break	
1430	1700	UKA Roundtable - Meet the Experts <i>Adapting UNIs to My Practice - Shortening the Learning Curve</i>	Dr Christopher Dodd, <i>United Kingdom</i> Dr Cheung Man Hong Steve, <i>Hong Kong, China</i> Prof Dr Azhar Mahmood Merican, <i>Malaysia</i> Dr David Liu, <i>Australia</i> Dr Franky Hartono, <i>Indonesia</i>

CONFERENCE DAY 1 | 5th May 2023 (Friday)

Start	End	Session	Speaker
0700	0830	Registration	
0830	0845	Welcome Address	Prof Dr Azhar Mahmood Merican, <i>Malaysia</i>
0845	0900	History and Evolution of Mobile Bearing UKA	Dr Christopher Dodd, <i>United Kingdom</i>
0900	0915	Pre-Surgical Planning for UKA	Dr David Dickison, <i>Australia</i>
0915	0945	Indication and Technique in Fixed Bearing UKA	Dr David Liu, <i>Australia</i>
0945	1015	Indication and Techniques in Mobile Bearing UKA	Dr Christopher Dodd, <i>United Kingdom</i>
1015	1030	Q&A Session	Moderators: Prof Dr Yeo Seng Jin, <i>Singapore</i> Prof Dr Aree Tanavalee, <i>Thailand</i>
1030	1100	Tea Break & Exhibit Visit	
1100	1130	Robotic UKA (MAKO)	Dr David Dickison, <i>Australia</i>
1130	1200	My Journey with UKA (Mobile Bearing)	Dr Karina Besinga, <i>Indonesia</i>
1200	1215	Conversion of UKA to TKA	Prof Dr Yeo Seng Jin, <i>Singapore</i>
1215	1230	Conversion of HTO to TKA	Dr Tan Guoping Kelvin, <i>Singapore</i>
1230	1245	Q&A Session	Moderators: Dr Chia Shi Lu, <i>Singapore</i> Assoc Prof Dr Chan Ping Keung Lewis, <i>Hong Kong, China</i>
1245	1345	Sponsored Lunch Symposium	
1345	1430	Lunch Break & Exhibit Visit	
1430	1600	Free Paper Oral Presentation	Moderator: Dr Veenesh Selvaratnam, <i>Malaysia</i>
1600	1630	Tea Break & Exhibit Visit	
1630	1645	What Does the Registry Say on UKA (Robotic Vs Non-Robotic , Fixed Vs Mobile)	Dr David Liu, <i>Australia</i>
1645	1715	Case Discussion	Panellists: Dr Christopher Dodd, <i>United Kingdom</i> Dr David Liu, <i>Australia</i> Dr Cheung Man Hong Steve, <i>Hong Kong, China</i> Moderator: Dr Chua Hwa Sen, <i>Malaysia</i>
1800	2000	Faculty Dinner	

CONFERENCE DAY 2 | 6th May 2023 (Saturday)

Start	End	Session	Speaker
0700	0830	Registration	
0830	0900	PFJ Replacement Indications and Technique	Dr Chia Shi Lu, <i>Singapore</i>
0900	0915	My Experience with ROSA Partial Knee Replacement	Dr Simon Coffey, <i>Australia</i>
0915	0930	Complications of UKA	Dr Cheung Man Hong Steve, <i>Hong Kong, China</i>
0930	0945	Q&A Session	Moderators: Dr Tan Guoping Kelvin, <i>Singapore</i> Dr Edsel Arandia, <i>Philippines</i>
0945	1015	Tea Break & Exhibit Visit	
1015	1030	Distal Femoral Osteotomy (DFO) for Patellar Instability Cases: Role of Limb Alignment	Dr Asep Santoso, <i>Indonesia</i>
1030	1100	Alignment Issues in the Surgery of Early OA: Which Type of Surgery is Best?	Prof Dr Lee Yong Seuk, <i>South Korea</i>
1100	1130	UKA in Hong Kong: 15 Years of Experience in A Teaching Hospital	Dr Chan Ping Keung Lewis, <i>Hong Kong, China</i>
1130	1145	Planning HTO	Dr Lee Kong Hwee, <i>Singapore</i>
1145	1215	Consideration Points of OWHTO for the Prevention of Complications: From A to Z	Prof Dr Lee Yong Seuk, <i>South Korea</i>
1215	1230	Q&A Session	Moderators: Dato' Dr K.S. Sivananthan, <i>Malaysia</i> Dr Sureshan Sivananthan, <i>Malaysia</i>
1230	1330	Sponsored Lunch Symposium My Journey in ACL Reconstruction	Dato' Dr Badrul Shah Badaruddin, <i>Malaysia</i>
1330	1415	Lunch Break & Exhibit Visit	
1415	1445	How It Should Be Managed in the Condition of Combined Mal-alignment, Ligament Instability or Laxity, and Degeneration?	Prof Dr Lee Yong Seuk, <i>South Korea</i>
1445	1515	Addressing Cartilage, Meniscus or Ligament Combined with HTO. How I Do It	Assoc Prof Dr Teo Seow Hui, <i>Malaysia</i>
1515	1530	PSI In Osteotomy Surgery	Prof Dr Azhar Mahmood Merican, <i>Malaysia</i>
1530	1545	How Do I Do a Perfect DFO	Dr Lee Kong Hwee, <i>Singapore</i>
1545	1615	Tea Break & Exhibit Visit	
1615	1630	Evolution of Alignment Philosophy in Total Knee Arthroplasty	Dr Simon Coffey, <i>Australia</i>
1630	1645	Double Level Osteotomy	Dr Lee Kong Hwee, <i>Singapore</i>
1645	1715	Case Discussion	Panellists: Prof Dr Lee Yong Seuk, <i>South Korea</i> Prof Dr Azhar Mahmood Merican, <i>Malaysia</i> Dr Lee Kong Hwee, <i>Singapore</i> Dr Simon Coffey, <i>Australia</i> Moderator: Dr Gandhi Nathan Solayar, <i>Malaysia</i>
1715	1800	Closing Ceremony	
1800		End of Conference	

High Tibial Osteotomy WORKSHOP



Meet The Specialists!



Prof Dr Lee Yong Seuk

Orthopaedic Surgeon
Seoul National University
Bundang Hospital,
South Korea



Dr Lee Kong Hwee

Director of Sports Service
Singapore General Hospital,
Singapore

Hands On!

16 Pax Only!

RM250 per pax!

2023
4th MAY
9.00 AM to
11.30 AM

Objectives:

- Indications for modern-day HTO surgery.
- Patient selection criteria for successful HTO.
- Surgical techniques to reduce the risk of complications.
- Integrate a collective approach in treating patients with unicompartmental osteoarthritis (OA) of the knee in the healthy fit individual.
- Understanding the limitations of HTO.

REGISTER NOW!



2nd MSHKS

Malaysian Society for Hip & Knee Surgeons
CONFERENCE 2023



Connexion Conference & Event Centre (CCEC), Bangsar South, Kuala Lumpur



Scan the QR Code or Click the Link below to Submit your Abstract
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4th to 6th May 2023

Theme: Realign or Replace



ABSTRACT SUBMISSION GUIDELINES FOR MSHKS CONFERENCE 2023:

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- Trauma
- Arthroplasty
- Sports
- Joint Preservation

You can submit as many abstracts as you desire.

Abstract Content

Depending on whether your abstract is a Research based abstract or a Case Report, the body follows the following format.

Research Format	Case Report Format
Aim	Introduction
Material & Methods	N/A
Results	Report
Discussion	N/A
Conclusion	Conclusion
References (if any)	References (if any)

Abstract Guideline

1. Must not exceed 300 words (including title and references).
2. Restricted to only ONE page.
3. Font size: 12.
4. Font Type: Times New Roman.
5. Single spacing.
6. Please include all authors' full names and institutes. The name of the presenting author is to be underlined.
7. May include up to 3 figures, including graphs and tables. Please do not include photos, pictures or radiographs in your abstract.
8. Files submitted must be in Word Document and PDF format.
9. Please submit your abstracts through the Registration and Abstract submission form by **28th Feb 2023**.
<https://forms.gle/rLZvoEHzw3y3cTHR7>
10. For inquiries, please contact Conference Secretariat (Abstract Team) via email to abstract@mshks.com

CALL FOR ABSTRACT!
Deadline: 28th Feb 2023

★★★ Be the First to Win MSHKS ★★★
Best Oral Presentation Award!

The **Best 2 Oral Presentations** and **Best Poster Presentation** will receive prizes!

Registration Fees

4th May 2023

UKA Roundtable - Meet the Experts Adapting UNIs to My Practice - Shortening the Learning Curve	RM 250.00 per participant.	Limited places. First come first served basis. Open only for orthopaedic surgeons. Must register for the full conference.
High Tibial Osteotomy Workshop	RM 250.00 per participant.	

5th & 6th May 2023

Category of Tickets	Early Bird <i>Ends on 31st March 2023</i>	Regular <i>1st April 2023 - 30th April 2023</i>	Late/Onsite <i>1st May 2023 - Onsite</i>
MSHKS Member	RM 800.00	RM 1,000.00	RM 1,200.00
Non-MSHKS Member	RM 1,200.00	RM 1,400.00	RM 1,600.00
Master Trainee	RM 600.00	RM 700.00	RM 800.00
Overseas Delegate	USD 350.00	USD 400.00	USD 450.00

Non-MSHKS Member includes Orthopaedic Surgeons, Other Specialists, Doctors, Allied Health Professionals.
Master Trainee refers to those yet to qualify as Orthopaedic Surgeons.

MSHKS Membership

For enquiries on your MSHKS Membership status, please refer to:

MSHKS Secretariat

Ms Mei Fhong
WhatsApp : +6012 340 6362
Email : secretariat@mshks.com



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For Abstracts:

abstract@mshks.com

For Speakers & VIP:

speaker.vip@mshks.com

Exhibition and Sponsorship Opportunities for MSHKS 2023

For exhibition and sponsorship, please contact

Ms Yi Ning: +60 17-452 9587

Ms Dee Dee: +60 12-239 0081

Email: conference.secretariat@mshks.com



2nd MSHKS Malaysian Society for Hip & Knee Surgeons CONFERENCE 2023



MSHKS 2023 Conference Secretariat

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This announcement has been prepared in good faith. As the planning progresses, there will be updates. Please refer to the conference website for the latest updates. Any future announcements will supercede this announcement.